



Green Meadow Waldorf School Hot Lunch Order Form September 2010

Dear Parents,

Threefold Café is pleased to provide lunch service to Green Meadow's Lower School. All our lunches are made from scratch, fresh daily, and are free from artificial ingredients. Every lunch includes a seasonal vegetable and fruit or cookie. Our goal is to provide tasty, nutritious lunches that your child will want to eat, and we always welcome your (and your child's) feedback.

How to order: Every month, an order form will be sent home with your child; you can also get order forms in the Lower School office or by visiting www.threefold.org/cafe. Orders and payments can be left at the Lower School office or at Threefold Café. Orders submitted after September 8 must be brought to the Café, and must include a \$5 late fee (see other side for complete instructions).

Please see the other side for complete instructions and general information.

Thanks. We look forward to serving you and your child this year!

Green Meadow Waldorf School Lunch Menu, September 13-October 1, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<u>13</u> Grilled Cheddar Cheese on Whole Wheat Bread	<u>14</u> Penne Pasta with Broccoli, Garlic, and Olive Oil	<u>15</u> Crispy Chicken Fingers	<u>16</u> Three Cheese Lasagna	<u>17</u> Soft Black Bean and Vegetable Taco
<u>20</u> Grilled Cheddar Cheese on Whole Wheat Bread	<u>21</u> Couscous with Vegetables and Basil	<u>22</u> Crispy Chicken Fingers	<u>23</u> Three Cheese Lasagna	<u>24</u> Crispy Catfish with Coconut
<u>27</u> Grilled Cheddar Cheese on Whole Wheat Bread	<u>28</u> Penne Pasta with Broccoli, Garlic, and Olive Oil	<u>29</u> Crispy Chicken Fingers	<u>30</u> Three Cheese Lasagna	<u>1</u> Soft Black Bean and Vegetable Taco

ORDER FORM – ORDER BY SEPTEMBER 8 TO AVOID LATE FEE

1. Circle the dates for which you want to order a delicious hot lunch for your child:

<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>
<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>
<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>1</u>

2. Calculate your tab, and give us your information:

Number of meals ordered _____ x \$5.00 = _____ Late fee \$5 (see over) _____

Child's name _____ Grade _____

Parent's name _____ Email _____

3. Make your check payable to "Threefold Café" (sorry, no credit cards).

4. Drop off your order and payment at Threefold Café (in Threefold Main House, 285 Hungry Hollow Road) or in the envelope provided in the Lower School office.

Do you have questions, concerns, comments, or suggestions? Call Threefold Café at 845-352-3130 and speak with Jeanette LoPinto.



Green Meadow Waldorf School

Hot Lunch 2010-11

How to order: Order forms are sent home with your child each month. You can also pick up the current order form in the Lower School office, or by visiting www.threefold.org/cafe. Leave your completed order form and payment (cash or check; sorry, no credit cards) at the designated space in the Lower School office, or bring it to Threefold Café, which is located in Threefold Main House, 285 Hungry Hollow Road. The Café is open Monday-Friday from 8:00am to 2:00pm, and some weekends.

Late fees: The order deadline for each month's menu is generally the Tuesday before the new menu begins. Orders submitted after the deadline printed on that month's order form must be dropped off at the Café (not in the Lower School Office), and must include a \$5.00 late fee. Your child's lunch delivery will begin the Monday after we receive your late order. Please note: if you have more than one child, the late fee applies only once.

Substitutions and special orders: We are sorry, but we cannot make substitutions or accept special orders. Our goal is to create tasty lunches that children will want to eat, and we welcome your (and your child's) suggestions.

Absences: If your child is absent from school, you can pick up her or his lunch at 12:30 in the Café. Call 845-352-3130 no later than 11:30am to have us hold the lunch. Sorry, we are not able to switch days around.

For assistance: Call the Café (845-352-3130) and speak with Jeanette. The Lower School office staff cannot answer questions about lunches.