

# THREEFOLD

EDUCATIONAL CENTER

## ► **Getting here and getting around**

The **Threefold Community** is located in the village of Chestnut Ridge, NY (sometimes still referred to as Spring Valley). It is 2 miles north of the New York/New Jersey border, 11 miles west of the Tappan Zee Bridge, and 18 miles north of the George Washington Bridge, near the intersection of the Garden State Parkway and the New York State Thruway (I-87 / I-287).

### ► **BY CAR, FROM THE SOUTH**

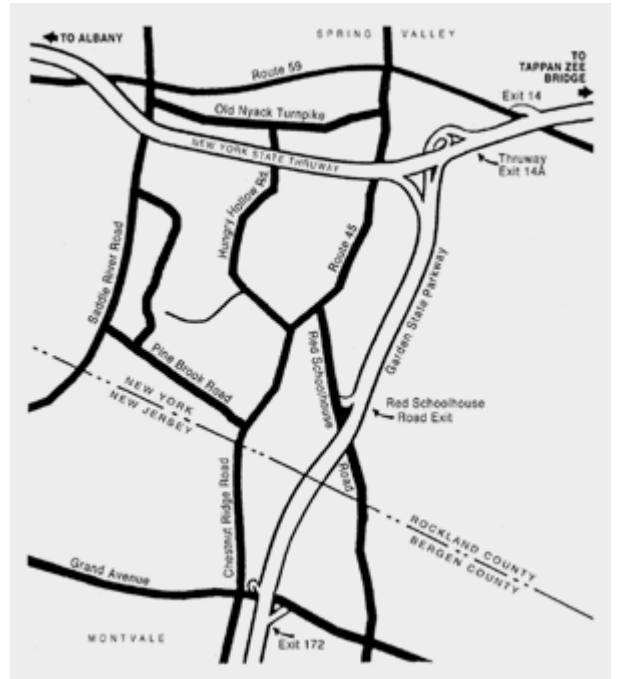
Take the Garden State Parkway north to Exit 172 (Grand Avenue). Turn left at the bottom of the ramp, then right at the stoplight onto Chestnut Ridge Road (which becomes Route 45 in New York). Continue about two miles, through two traffic lights, across the New York State line and a third traffic light. Just past the first sign for Green Meadow Waldorf School on your left, turn left onto Hungry Hollow Road.

### ► **BY CAR, FROM THE NORTH, EAST, OR WEST**

Take the New York State Thruway (I-87 / I-287) to Exit 14A (Garden State Parkway). Take the first exit (Schoolhouse Road). Turn right at the bottom of the ramp onto Red Schoolhouse Road. At the "T," turn left onto Chestnut Ridge Road (Route 45). The first right turn, just past the Hungry Hollow Co-op, is Hungry Hollow Road.

For a campus map, visit:

[www.threefold.org/Files/PDFs/Threefold\\_Community\\_Map.pdf](http://www.threefold.org/Files/PDFs/Threefold_Community_Map.pdf)



## ► **As you go down Hungry Hollow Road**

- ◆ **The Hungry Hollow Co-op** is on the north corner of the intersection with Chestnut Ridge Road. **Green Meadow Waldorf School** is on the south corner.
- ◆ On the left, you will pass Green Meadow's Nursery/Kindergarten parking lot and then the **School of Eurythmy** (number 289). **Threefold Pond** is on the right.
- ◆ In **Threefold Main House** (number 285), on the left, are the offices of **Sunbridge Institute**, the **Camphill Foundation**, the **Otto Specht School**, and the **Nature Place**, as well as **Threefold Café** and Main House Living Room. Next to Main House is **Brookside** (classrooms). Just north of Main House is **Orchard House** (the **Fiber Craft Studio** and guest and student housing). Behind Main House is **Holder House**, our dormitory. Across Hungry Hollow Road is the **Pfeiffer Center garden**.
- ◆ Parking for this part of the campus can be found on **Orchard Lane** (on the left, just past Orchard House).
- ◆ **Threefold Auditorium**, on the right (number 260), has the offices of **Threefold Educational Foundation**, **The Pfeiffer Center**, and **Eurythmy Spring Valley**. On the left is **The Fellowship Community** (number 241). For the Fellowship's **Hand 'n' Hoe** (Friday café), park in the first area you see on the right; for **Hill Top House** and the Fellowship's **Medical Office**, proceed up the hill.
- ◆ Looking for **The Red Barn Painting Studio**? Continue several hundred yards, turn left on Red Barn Lane, then take an immediate left. The Red Barn will be dead ahead.
- ◆ Further along, on the left, is Margetts Road and the **Christian Community Church** (15 Margetts). **The Seminary of the Christian Community** is at 7 Carmen Court (off Margetts Road).

## **TRANSIT OPTIONS**

### ► **Bus Service**

**Coach USA** operates commuter bus service from New York City's Port Authority Bus Terminal (8th Avenue and 41st Street). On weekdays, the Route 45 bus stops directly in front of the Hungry Hollow Co-op. On weekends, the Route 11A bus stops at Spring Valley Bus Terminal, 10 minutes by car from the Threefold campus.

At the Port Authority Bus Terminal, go to ticket windows 11-15 for tickets and information. When traveling to Threefold, you must ask the driver to let you off at Hungry Hollow Road. When traveling to New York City, you must have cash to purchase your ticket from the driver. The round-trip fare is approximately \$20. Drivers do not accept bills larger than \$20.

Information: Call 201-263-1254 or visit [www.coachusa.com/rockland/ss.commuter.asp](http://www.coachusa.com/rockland/ss.commuter.asp)

### ► **Trains**

**Metro-North** commuter trains run every day between Grand Central Terminal (New York City) and Tarrytown, NY, which is about one-half hour from Threefold by car. Information: [www.mta.info/mnr](http://www.mta.info/mnr)

**New Jersey Transit's** Pascack Valley line operates regular service from both New York City (Penn Station) and Newark Airport to Spring Valley, NY (ten minutes by car from Threefold). For more information, use the handy Trip Planner at [www.njtransit.com](http://www.njtransit.com)

The closest **Amtrak** station is Croton-Harmon, NY. From there you can get closer to Threefold by taking a Metro-North train to Tarrytown (see above).

If you are traveling to the New York metropolitan area by train from any direction, consider completing your journey to Threefold by changing to commuter rail or bus in New York City.

### ► **By Air**

**Newark Liberty International Airport** (EWR) is *by far* the closest and most convenient of the three New York area airports (Newark, LaGuardia, and John F. Kennedy). New Jersey Transit (see link above) offers rail service from Newark Airport to Spring Valley. If you must fly into LaGuardia or JFK, the bus to Manhattan is the best way to access bus and train service to Threefold's neighborhood.

### ► **Taxis**

Taxis are usually waiting at bus and train stations and can be hired on the spot.

**Air Brook Limousine** provides pre-reserved transportation from all New York area airports. If you are traveling with others, ask about their group rates. Call 800-800-1990 (from within the US) or visit [www.airbrook.net](http://www.airbrook.net)